

For further information, please contact:

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Information about our services for families

'Playing, learning and working together to make a difference'

A Sure Start Children's Centre Service



First Steps Bath



**Bath & North East
Somerset Council**

Sirona
care & health

Where do we fit in?

First Steps Family Services Team is part of First Steps (Bath). We are based at First Steps Annexe, Dominion Road, Twerton and we are linked to First Steps Twerton and Moorlands Children's Centres. We work closely with Health Visitors to ensure that all families with young children have access to the services they need.

What are Children's Centres?

Children's Centres are a nationwide scheme (known as Sure Start Children's Centres) that bring together:

- early education and childcare
- family support and outreach to parents and carers
- child and family health services
- support to access training and employment

What we do?

We work alongside families to support them to find what works. We are here to listen and help make and support plans for change.

What services can I come to?

You can come along to any of our groups. We welcome all children, parents and carers.

You can ask for more individual support if you would like help with a specific issue such as:

- your child's behaviour
- helping your child to develop their language skills through play
- helping your child to build relationships through play
- Parenting issues affecting family life.

We can also support you to get help from other professionals. We can work with you and your family to plan any support you might need using a CAF (Common Assessment Framework) and family meetings with professionals.

Services we offer:

Groups

Stay and Play - Holiday Play - Bumps and Babies

A friendly and welcoming environment; a chance to meet other families and enjoy safe and stimulating play with your child. Our groups are supported by Family Linkworkers who can provide information and access to other services. We plan activities according to children's interests, developmental stages and to fit in with the Early Years Foundation Stage (EYFS) the early years curriculum

Courses

We provide a range of courses to support parents including Incredible Years Parenting Course and Nurture Groups. We work in partnership with Sirona to offer healthy lifestyle courses like Cook It and HENRY. We can support parents to access a range of adult education courses through Community Learning.

Family Linkworkers

Provide information and advice on services for children and families and support to access them.

Family Workers

Provide outreach support, information and advice on child behaviour and development, parenting, play and relationships, managing family issues, accessing other services.

Volunteering

Opportunities to train and gain an understanding and experience of working in Early Years. Volunteers provide valuable support to our groups which, in turn, supports our community.

